**#5—The Path to Joy**

**Big Idea**: Philippians 4 lays out 3 action steps we must take toward joy.

**1. Correct n\_\_\_\_\_\_\_\_\_\_ patterns** *4-7*

* Rejoice instead of…. \_\_\_\_\_\_\_\_\_ *4*
* Be gentle instead of…\_\_\_\_\_\_\_\_\_ *5*

 *Matthew 22:37-40*

* Pray instead of …\_\_\_\_\_\_\_\_ *6-7*

 *Isaiah 26:3*

**2. C\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your thought-life on good things** *8*

 *Romans 12:2; 2Corinthians 10:5*

Action Steps for centering your thought-life:

1) R\_\_\_\_\_\_\_\_ God’s help

2) R\_\_\_\_\_\_\_\_ negative thoughts *Colossians 3:5*

3) R\_\_\_\_\_\_\_\_\_\_ negative thoughts *Philippians 4:8*

**3. Practice c\_\_\_\_\_\_\_\_\_\_\_\_ and c\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** *12-13 & 19*

* Learn the secret of c\_\_\_\_\_\_\_\_\_\_\_\_\_ *12*
* Live strong with your c\_\_\_\_\_\_\_\_\_\_\_\_\_ in God *13 & 19*