



I Choose Discipline over Regret

Definition: Discipline is choosing between what you want n_____ and
what you want m_____.

✓ Esau s_____ his future choosing what he wanted now
Genesis 25:29-34; Hebrews 12:16-17

✓ Apostle Paul s_____ with making right choices
Romans 7:15; 25; Philippians 2:13

KEY: Christ can e_____ us to choose what we
want most over what we want now.

✓ Choose what you want most over what you want now
1 Corinthians 9:24-25; Hebrews 12:1

1. Run to w_____
2. Run *WITH* d_____; *WITHOUT* d_____
3. Run for the e_____ p_____

✓ Two questions that help us choose discipline over regret

#1: What do you want most?

#2: What choice to make now to achieve what you want most?
