**Definition**: Discipline is choosing between what you want n\_\_\_\_ and what you want m\_\_\_\_\_\_\_\_.

* **Esau s\_\_\_\_\_\_\_\_\_\_ his future choosing what he wanted now**

 *Genesis 25:29-34; Hebrews 12:16-17*

* **Apostle Paul s\_\_\_\_\_\_\_\_\_\_\_ with making right choices**

 *Romans 7:15; 25; Philippians 2:13*

**KEY**: **Christ can e\_\_\_\_\_\_\_\_\_\_\_ us to choose what we want most over what we want now.**

* **Choose what you want most over what you want now**

 *1 Corinthians 9:24-25; Hebrews 12:1*

1. Run to w\_\_\_\_\_\_\_

2. Run *WITH* d\_\_\_\_\_\_\_\_\_\_\_; *WITHOUT* d\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Run for the e\_\_\_\_\_\_\_\_\_\_\_ p\_\_\_\_\_\_\_\_\_\_

* **Two questions that help us choose discipline over regret**

#1: What do you want most?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#2: What choice to make now to achieve what you want most?

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