**Week #3—Why are you doing this to me?**

**Learning to Trust Jesus in the Storms of Life**

**Big Idea**: There are 3 steps of faith you must take when you face storms in your life.

**1. Face your problems instead of fixating on your storm**

*1Peter 5:7*

**2. Focus on Jesus who has power over your storm**

*Matthew 28:20; John 16:33; John 14:27; Hebrews 12:2; Psalm 46:1–3*

**3. Follow Jesus to find a safe path through your storm**

*Matthew 14:22-33*

A) Jesus sometimes sends us into a storm. *22 & 24*

B) Jesus prays for us while we’re in our storm. *23 Romans 8:34*

C) Jesus is with us and encourages us in our storm *25-27*

D) Jesus helps us rise above our storm *28-31*

E) Jesus grows our trust from our storm. 32-33

*1Thessalonians 5:18; Ephesians 6:18*